



EATING DISORDER RECOVERY GROUP

Would you benefit from extra support to
manage an eating disorder?

Maybe you have no supports or maybe you have many. Sometimes, support from those who can identify with what you're experiencing helps alleviate loneliness and hopelessness.

This group is for adults who have been diagnosed with an eating disorder by a healthcare professional and are wanting to connect with others who are recovery-focused.

GROUP PARTICIPANTS WILL:

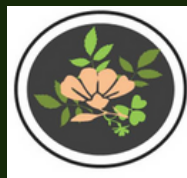
- BE SUPPORTED IN PROCESSING EMOTIONS AND THOUGHTS
- RECEIVE PEER SUPPORT
- LEARN & IDENTIFY COPING SKILLS FOR SITUATIONS COMMON FOR EATING DISORDERS
- INCREASE MOTIVATION FOR RECOVERY

Register Now!

<https://www.suzannesanchezcounseling.com/services>

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Cost is \$50/group session.
Some insurances accepted,
and out-of-network benefits
can be used.